

Mercury Toxicity

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Some soil, water, and foods carry mercury in them. Sewage sludge, pesticides, fungicides, cosmetics, batteries, inks, plastics, dental fillings, and others can also contribute to mercury toxicity. The presence of mercury inhibits nutrient absorption in the brain and also prohibits waste removal.

Glutathione plus L-methionine and L-cysteine

Importance: Very High

Comments: Essential for sulfur. Removes toxins from harmful metals. Eliminates toxins from the body.

Selenium- Importance: Very High

Comments: Balances mercury effects.

Vitamin E– Importance: Very High

Comments: Balances mercury effects

Alfalfa- Internal Purposes: Aids the body in getting rid toxins in the body

These also remove toxins from the body

Vitamin E

Apple pectin

Garlic

Kelp

Alfalfa