

Measles

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Measles is a disorder caused by exposure to a virus. The eyes, skin, and respiratory tract may all suffer during a bout of measles. Most cases of measles will end in about ten days.

Catnip tea or Garlic enemas- Internal Purposes: Decreases fever

Lobelia- Internal Purposes: Eases Pain. Dosage: 1/2 Teaspoon every 4 hours. Cautions: Lobelia is not recommended for an ongoing basis.

Spirulina- Internal Purposes: Boosts the immune system and slows the virus down from reproducing.