

Malabsorption Syndrome

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Sunday, 30 June 2013 04:11

Malabsorption Syndrome occurs when a person cannot properly absorb nutrients, vitamins, and minerals from food. Digestion and absorption both have an impact on a person's ability to absorb nutrients properly.

Alfalfa, dandelion root, fennel seed, ginger, and nettle- Internal Purposes: Helps the body to absorb minerals.

Peppermint and Aloe Vera- Internal Purposes: Helps Digestion

Black Pepper- Internal Purposes: Helps Digestion and absorbing nutrients.

Buchu- Internal Purposes: Lowers inflammation in the colon and mucous membranes.

Goldenseal- Internal Purposes: Helps the liver, colon, and pancreas function. Cautions: Do not use if pregnant, allergic to ragweed or internally for more than a week.

Irish Moss and Rhubarb- Internal Purposes: Helps support the colon.

Yellow Dock- Internal Purposes: Enhances the liver and colon functions