Lead Poisoning

Written by Delores A. Hampton Saturday, 11 May 2013 02:12

Lead is one of the most harmful metal contaminants known. The poison accumulates in the body. Even if there is only a low amount of lead that is retained by the body instead of being expelled can be absorbed into other tissues.

Alfalfa- Internal Purposes: Alfalfa is a good source to obtain vitamins, minerals, and other valuable nutrients and can aid in ridding the body of toxins.

Aloe vera juice- Internal Purposes: Aloe Vera Juice will aid in getting rid of metals from the body by loosening bowel movements so the metals can be expelled.

Chlorella & Cilantro- Internal Purposes: Both of these herbs can soak up the heavy metals that cannot be tolerated by your body.