

## Jaundice

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Yellowing of the skin and eyes that is caused by too much bilirubin in the blood.

**Burdock Root and Red Clover- Internal** Purposes: These two herbs are known as blood purifiers and are beneficial in cleansing the blood.

**Celandine, Chaparral, and Dandelion- Internal** Purposes: These three herbs made into tea are used as blood purifiers and have a stimulating and cleansing effect on the liver.

**Silymarin (milk thistle extract)- Internal** Purposes: Silymarin is a bioflavonoid complex contained in the herb milk thistle. Silymarin is a antioxidant that regenerates injured liver cells. Liv-R-Actin from Nature's Plus contains Silymarin.