

Insect Allergy

Written by Delores A. Hampton
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Not too many insects that are capable of causing a person to react allergically. Some of the more well known are honey bees, hornets, yellow jacks, and spiders. Allergic reactions can cause wheezing, tightness in the throat and chest, nausea, diarrhea, & hives. People with respiratory ailments can have more serious reactions.

Calendula- External Purposes: Applied to the affected area, the lotion may help to alleviate the itchiness and redness that can be evident.

Oils of Cedar, Citronella, Eucalyptus, Pennyroyal, Rosemary, & Rue- External Purposes: Insect repellent dog and cat collars are often times composed of these components in order to ward off insects (and possibly people too.)

Cautions: Pennyroyal should not be used when pregnancy is evident. Do not use pennyroyal for a long time.

Lavender- Type: External Purposes: Putting lavender on a bite can take away the itching.

Tea tree oil- External Purposes: Insects do not seem to enjoy being around the smell of tea tree oil. Tea tree oil can be helpful to take discomfort away from the bites. If the full strength oil is too strong, it can be diluted with canola oil or a different kind of vegetable oil that does not have a strong fragrance. Add to desired strength.