## **HerpesVirus Infection**

Written by Delores A. Hampton Sunday, 14 October 2012 12:42

A member of the herpes family of viruses. Eight distinct types have been associated with a variety of human diseases.

**Astragalus, Huang qi- Internal** Purposes: These herbs have antibiotic properties and boost the immune system.

**Black Walnut, Goldenseal Extract- External** Purposes: These two herbs may be beneficial for treating Herpesvirus Infection by dabbing them on the affected area.

**Goldenseal- Internal** Purposes: Goldenseal has antibiotic properties and has been useful in treating this infection. Can be taken in pill or tea form. **Cautions**: Do not use goldenseal for more than seven days, and don't take it if you are pregnant. Check with your doctor if you have been diagnosed with cardiovascular disease, diabetes, or glaucoma. If allergic to ragweed, use Goldenseal with caution.

**Licorice- Internal** Purposes: Studies have discovered that DGL (deglycyrrhizinated licorice) might hinder the spread and infection of the herpes simplex virus. It is thought that this licorice may improve healing and prevent recurrence. Cautions: Licorice is not to be used if you have high blood pressure. Not to be used on a daily basis for more than seven days at a time.

**Olive Leaf- Internal** Purposes: Studies have shown that the Olive Leaf Extract has the ability to interfere with critical amino acid production essential for viruses. May also have the ability to contain or spread viral infection.