

Hemorrhoids

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Swollen blood vessels in and around the anus that cause itching, pain, and sometimes bleeding.

Aloe vera- External Purposes: Aloe Vera contains enzymes that relieve pain, and has mild anesthetic properties that alleviate itching and swelling. Apply the fresh pulp aloe vera gel on the anus.

Bayberry, Goldenseal Root, Myrrh, and white Oak- External Purposes: These four herbs made into a salve make a soothing hemorrhoid preparation that rivals conventional preparations. Some say it even works better than some of the conventional preparations.

Comfrey Root- External Purposes: This herb can be made into a paste and is beneficial in treating bleeding hemorrhoids.
Cautions: Comfrey is to be used externally

Witch Hazel- External Purposes: Witch hazel has astringent qualities that can shrink the swollen vein of a hemorrhoid when patted on affected area with a sterile cotton ball. Repeat this procedure three times daily or as needed.

Buckthorn Bark, Collinsonia Root, Parsley, Red Grape Vine leaves, and Stone Root-External Purposes: These five herbs are believed to have astringent and antispasmodic properties and have been beneficial in treating hemorrhoids.