

Hemophilia

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An inherited bleeding disorder caused by low levels, or absence of, a blood protein that is essential for clotting; hemophilia A is caused by a lack of the blood clotting protein factor VIII; hemophilia B is caused by a deficiency of factor IX.

* Alfalfa- Internal

Purposes: The alfalfa plant is rich in minerals and nutrients, and vitamins E, K, and C which are beneficial to healing. Vitamin K is needed for blood clotting and healing. You can use the alfalfa tablets or eat alfalfa sprouts.