

Hair Loss

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Baldness (formally alopecia) is the state of lacking hair where it usually would grow, especially on the head. The most common form of baldness is a progressive hair-thinning condition that occurs in adult humans and other primate species.

Apple Cider Vinegar and Sage Tea- External Purposes: Makes an excellent hair rinse that may be beneficial to promoting hair growth.

Ginkgo biloba- Internal Purposes: Increases the circulation of blood and oxygen to all parts of the body including the scalp.

Horsetail- Internal Purposes: Rich in nutrients and high in silica which promotes strong, shiny hair growth.

Green Tea, Pygeum, and Saw Palmetto- Internal Purposes: It has been said that these three herbs may be beneficial in stopping hair loss.

Tea tree oil- External Purposes: It has been found that bacteria and mites can cause hair loss. Tea Tree Oil has antibacterial, antiseptic, and insecticide properties. Using this product as a massage will help to eliminate this problem. Place 10 drops of Tea Tree Oil on your scalp and massage the scalp, shampoo as usual.