

Fibrocystic Disease of the Breast

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Non-cancerous condition in which small lumps and cysts develop in the breasts.

Echinacea, Goldenseal, Mullein, Pau d'arco, Red Clover, Squaw Vine, and Turmeric

(curcumin)- : Internal Purposes: Overall these 7 herbs accelerate the detoxification process in the whole body.

Cautions: Do not use goldenseal for more than seven days, and don't take it if you are pregnant. Check with your doctor if you have been diagnosed with cardiovascular disease, diabetes, or glaucoma. If allergic to ragweed, use Goldenseal with caution.

Poke Root or Sage- External Purposes: Poultices made from Poke Root or Sage may be used to relieve pain and inflammation.

Cautions:
Poke Root should be taken externally only