

Endometriosis

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A condition in which the endometrium grows outside the uterus, causing scarring, pain, and heavy bleeding, and often damaging the fallopian tubes and ovaries in the process. Endometriosis is a common organic cause of infertility

Alfalfa- Internal Purposes: Usually women that have Endometriosis are iron deficient and Alfalfa is a good source of iron. Alfalfa has a high vitamin K and needed mineral content that is necessary for blood clotting and healing

Astragalus, Garlic, Goldenseal, Myrrh Gum, Pau d'arco, and Red Clover- Internal Purpose
s : These six herbs are said to have natural antibiotic properties that reduce infections. Also known to have anti-tumor properties.

Burdock Root, Dong Quai, and Red Raspberry Leaf- Internal Purposes: These three herbs are said to have hormonal balancing properties.

Stinging nettle- Internal Purposes: Nettle is beneficial in treating endometriosis due to its rich content of iron.